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The *adultos* consist of married adults and heads of families. Marriage is important as initiating the adult status, and it is the most productive one for both men and women. The adults are the most important group both economically and politically and they run the society. If adult males carry most of the responsibilities, they also enjoy many privileges. They may smoke and drink, have affairs with women, beat their wives, and otherwise exercise male prerogatives. These prerogatives are not supposed to apply to unmarried youths, but when young men begin to get drunk and run around with women, it is said that they "are becoming men."

The status of the aged is, theoretically, one of great respect. Old men and women can address anyone in the familiar *tú* and in return are to be addressed by *Vd*. But sometimes the more endearing *abuelito* or *papacito* is used. To contradict an *anciano* and certainly to beat an old man is an outrage; "it is like beating your own father." The status of the aged, however, is by no means an enviable one, particularly when old people can no longer support themselves. Children are supposed to support aged parents but there are cases of extreme neglect and the theme, "I would rather die than depend upon my children" is frequently heard. The old people do not take part in politics and in general do not have positions of leadership. Because of the rapidly changing culture, the *ancianos* are out of step with the times. Many speak Spanish poorly and have difficulty even in communicating with their grandchildren. In some cases the younger generation, particularly those who have been away to school, are embarrassed by the old-fashioned dress, speech, and manners of their grandparents.

RACE

Race is not an important factor in status in Tepoztlán, and racial prejudice hardly exists. Although Tepoztecans are quite sensitive to color differences, there are no distinct racial groups as such recognized in the village. The three distinctions most commonly made are *blanco*, *prieto*, and *indio*. The *blancos* are those with light skin and light eyes, characteristics which are definitely favored. The *prietos* are those with dark skin. The term *indio* has various connotations. Sometimes it is used as the equivalent of *campesino* as opposed to the city man; thus it may be said, "Here in Tepoztlán we are all *indios* and we get along on very little, whereas the city people are very demanding." At other times the word *indio* is used to designate low socio-cultural status, "el pobre, como es indito, no sabe ni siquiera hablar bien" (because the poor thing is Indian he can't even speak well). In this sense, many refer to the inhabitants of the smaller and poorer barrios of San Pedro, Los Reyes, and San Sebastián as *indios*. *Indio* is also used as a term of criticism in reference to one who has poor self-control and is capable of violence. Thus Tepoztecans will say, "In Amatlán they are very Indian, if one is not careful he may be assassinated."

Basically, the term "Indian" is used to designate social status rather than physical type. A wealthy dark person who dresses in city style may not be considered *blanco*, but neither will he be called *indio*. On the other hand, a rich person who continues

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There is a belief that if an eclipse occurs during a woman's pregnancy, the child will be born with some part of his body missing; that is, it will have been eaten by the moon. To prevent this the mother should wear a pair of scissors under her sash. An earthquake will also cause some physical defect in the child.

There are no diet restrictions for pregnant women. There is a widespread belief that the pregnant woman should satisfy any food whim, otherwise she may suffer a miscarriage or a premature birth, or the baby may be born with skin colorations. Many subsequent difficulties are assigned to the failure to satisfy food whims. It is the husband's obligation to provide his wife with the food she wishes. But women do not make frequent or unreasonable demands, particularly if their husbands are not "good" to them.

Women who are nauseated during the second and third months are treated with herbs which are said to decrease the water in the abdomen. Many women do not take this treatment because of the restriction in diet and movement that follows. They may not go out into the street for three days, they may not go to the fields or to the stream, they may not stand near a water jug.

There are no restrictions on sexual intercourse during pregnancy, and many continue to have intercourse up to the time of birth. No special positions are used in the last months to protect the fetus.

When there are signs of miscarriage, the midwife tries several remedies. The patient may be asked to recline on a *reboso* or cloth and is then moved or jerked two or three times from one side to another by means of the cloth. Another remedy is to soak an old tortilla in water of *nixtamal* or vinegar and place it on the small of the back. A mixture of the following herbs is also used: *tlatlauhcametl*,[6] *camotito de San Diego*,[7] and *muicle*.[8] To this some midwives add wine, chocolate, leaves of *Santa María* (*artemisa*),[9] and a gold earring to be boiled with the mixture. Miscarriages are not frequent, and when one occurs the woman is often blamed for bringing it about by carelessness.

Induced miscarriages are fairly common. But the frequent deaths in such cases deter most women, and it is said that women who try to "cure" themselves will have to account for their behavior on Judgment Day. Miscarriages are said to cause *paños* or brown discoloration of the skin, so that women who suffer from this are believed to have aborted frequently. To bring on delayed menstruation, many women drink *muicle*. Ground *chayotillos* with salt may be taken, or a tuber *aboyote* may be used. Another way is to use the same preparation which brings on labor. The ingredients are as follows: opossum tail (*tlacuache*), *pimienta gorda*, *sasalik*, and *tlatlauhcametl*. Sometimes women will bring about a miscarriage by deliberately lifting heavy objects. Many women, and particularly unmarried girls, secretly go to

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[6] *Montanoa tomentosa*, a very well-known plant. See Maximiliano Martínez, *Las Plantas Medicinales de México* (México, D. F., México: Ediciones Botas, 1939), p. 330.

[7] Unidentified.

[8] *Jacobinia spicigera*, *ibid.*

[9] Unidentified.

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796 *Fiesta of Sixth Friday of Lent or Viernes de Dolores,* celebrated in the parish church: Fasting is required. This is the beginning of Holy Week.

[785] *Fiesta of Sábado de Dolores,* celebrated in the parish church: This is celebrated with holy offices and a Vía Crucis procession.

778 *Fiesta of Palm Sunday,* celebrated in the parish church: This is a very important holi-
821 day. Tepoztecans take palm leaves to be blessed by the priest. It is believed that blessed
[755] palm protects against lightning. Ashes of blessed palm placed upon the head are thought to cure bad headaches. Blessed palm is also placed at the door of the house to prevent fires and being struck by lightning.

Fiesta of Holy Monday and Holy Tuesday, celebrated in the parish church: These are
[783] days of great devotion. The religious associations are very active, visiting the church and barrio chapels. Many Tepoztecans choose these days for their annual confession.

Fiesta of Holy Wednesday: Rigorous fasting begins. Meat is not eaten until the Saturday
785 of Glory. Substitute foods are beans, *huauzontle, tortas,* stuffed peppers, fish, *revoltijo,*
262 and lentils. All work must stop through the Sunday of Resurrection. Women prepare
461 tortillas for the rest of the week. In the evening is the vigil of the Lord, the men taking
[777] turns all through the night. Women customarily go to church in the late afternoon to pray the thirty-three Credos, one for each year of Jesus' life. It is believed that those who do this will triple their earnings during the year.

Holy Thursday: The church is full on this day. The priest dramatically describes the
[788] passion of Christ, and crying on the part of women is common. Not to do so is "to have a cold heart." In the afternoon is the ceremonial foot-washing of the apostles.

Holy Friday: This is the culminating day of Holy Week. Throughout the village there is profound quietude. No one must run or shout or use bad words, so as not to offend the Lord. The men silently drink their *pouche* together while the women, dressed in black,
[861] go to church. On this day, children are not to be struck, for "it would be striking the Lord."

Holy Saturday: At 7:00 A.M. the faithful of the village and the municipio go to the
788 church where the priest pronounces the "Gloria in Excelsis Deo." With this all the bells,
824 which have been silent since Wednesday, are rung, and joy spreads through the village.
826 While the bells ring, old men trim their plants so that they will produce more, mothers
856 snip the ends of their daughter's hair to make it grow longer, and children are struck on
535 the legs to make them grow taller. Two or three *comparsas* are organized to dance on this
273 day.

Easter Sunday: Everyone dresses well and goes to Mass. Sometimes the *chinelos* leap in the afternoon. People stand in little groups in the plaza, and men drink a great deal.

April 29. *Fiesta of San Pedro,* celebrated in San Pedro: The only unusual feature of this fiesta is the group of children who dance for San Pedro.

May 1-31. All this month is dedicated to the Virgin Mary, and *rosarios* are held every afternoon. Girls from seven to fifteen years of age dress in white and bring flowers to the Virgin.

May 3. *Fiesta of Santa Cruz,* celebrated in Santa Cruz: This fiesta is celebrated not only
[782] in this barrio but in all homes and places having crosses. All crosses are adorned with flowers, especially Bougainvillaea. Incense is burned, and fireworks are set off. This fiesta is also celebrated in Ixcatepec, but is postponed until the following Sunday in deference
[541] to the barrio of Santa Cruz. It is one of the best attended fiestas. There are cockfights and
[648] visiting dancers from Yautepec and Milpa Alta.